

RESEARCH

Research Professorships

The professorship program has been extremely successful in developing and sustaining lung health research here in Saskatchewan. This program has been responsible for bringing world-class lung specialists to Saskatchewan who contribute to enhanced levels of patient care and teaching of medical students, in addition to their research activities.

Another benefit of this program was the development of a respiratory specialty training program at the University of Saskatchewan. Several respirologists have been trained by this program and many have remained in Saskatchewan, practicing as lung specialists.

Furthermore, the investment in professorships by The Lung Association has been matched several times over by funding these scientists have attracted from other sources. Here is a list of the Saskatchewan researchers currently being funded by The Lung Association.

COPD Professorship

One of the authors of Canada's guidelines for COPD management, Dr. Darcy Marciniuk's research has helped to develop COPD rehabilitation therapy and other methods of COPD treatment. Over \$350,000 has been contributed since 2001.

Southern Saskatchewan Respiratory Professorship

In partnership with the Regina Qu'Appelle Health Region, Dr. G. Sridhar's work has led to the establishment of a sleep centre, an endoscopy suite, a home ventilator program, an asthma clinic and other programs and facilities in Regina. Over \$455,000 has been contributed.

Sleep Apnea Professorship

Dr. Robert Skomro is currently investigating the predictors of sleep apnea in women. Over \$170,000 has been contributed since this professorship began in 2002.

Basic Science Professorship

Dr. Thomas Hurst's research work includes the effects of agricultural practices on lung health, developing new lung treatments for patients in intensive care and reducing the damage to the lung caused by heart-lung bypass operations. Over \$475,000 has been contributed.

Other Support

Includes visiting professorships, research support contributed to the Canadian Lung Association, training grants, support for TB control, seconded staff time, development of patient education programs and support for continuing professional education including the Saskatchewan Thoracic Society Education Day and programs.

Research has led to the development of Canadian Clinical Guidelines for the treatment of lung diseases such as COPD, asthma, childhood asthma, sleep apnea, and tuberculosis. These guidelines are developed by the Canadian Thoracic Society and are updated regularly. They are distributed to all physicians in Canada.

The Saskatchewan Thoracic Society

The Saskatchewan Thoracic Society (health professional section of The Lung Association) invites all health professionals who are active in respiratory care to become part of a progressive, multi-disciplinary organization of health care providers. An annual Education Day is held in November.

Benefits of membership include: helping to improve the quality of respiratory care offered in Saskatchewan; reduced fees for workshops on current issues in respiratory care; eligibility for an LAS educational grant, and much more.

Our Mission...

To improve lung health one breath at a time. Our general role is to improve respiratory health and the overall quality of life through programs, education, research, training, treatment and prevention of lung disease and promotion of a healthy environment and healthy lifestyles.

Research...

The Lung Association of Saskatchewan places a high priority on funding medical research here in Saskatchewan. The amount of respiratory illness is increasing. In Saskatchewan over 200,000 people suffer from lung diseases such as COPD (emphysema and chronic bronchitis), asthma, lung cancer, sleep apnea, pneumonia, flu, pulmonary fibrosis and tuberculosis. Our research program will not only help to find better ways to treat and prevent lung disease, but has another important benefit - it attracts world class specialists to Saskatchewan who also provide leadership in teaching and patient care.

Provincial, National and International Activity...

Although 95% of our budget is spent right here in the province, we also provide support and leadership nationally through the Canadian Lung Association and, in turn, benefit from the work of other provincial Lung Associations. Internationally, our CEO is the project Director for a Tuberculosis Control Project in Ecuador funded by the people of Canada through CIDA. When it comes to lung disease, no community, no province and no country is isolated from its neighbours. We speak up for Saskatchewan nationally and internationally in the struggle against lung disease.

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THE  LUNG ASSOCIATION™
Saskatchewan

ANNUAL REPORT

2006



Improving Life ...
One Breath At A Time

This report covers the year
January 1 to December 31, 2006

The Lung Association of Saskatchewan

RESPTrec®

The Lung Associations of Manitoba and Saskatchewan have created a professional development program to teach health care professionals to better educate people with asthma and chronic obstructive pulmonary disease (COPD).

RESPTrec® (the RESPIRATORY Training and Educator Course) will give health care professionals the latest information and training in asthma and COPD care. The course content is based on the most recent Canadian evidence-based Guidelines. At the same time, the programs give health professionals the tools with which they can better teach their patients how to improve their asthma and COPD self-management skills.

The RESPTrec® Management Committee provides advice and oversees the maintenance and development of the Training and Educator Courses.

RESPTrec® consists of 3 modules:

1. Education
2. Asthma and Its Management
3. COPD and Its Management

On completing courses, participants are eligible to write exams to become certified asthma or respiratory educators - administered by Canadian Network for Asthma Care. For more information on courses see www.resptrec.org.

The Lung Association of Saskatchewan provides the central administration of this program across Canada.

Health Education

Air quality has taken on increased significance as new climate change information is garnered. For us, air pollution remains the issue. If we improve air quality we improve health and the factors responsible for climate change will consequentially be addressed.

Tobacco is a unique product that will not go away quietly, easily or without new approaches. The provincial government did not implement new smoke free workplace regulations - a major frustration. Signs, advertising cigarettes for sale, are abundant. Tobacco continues to be distributed from innocuous locations. People living in an apartment or condo learn that it is not possible to guarantee that their home is free of smoke emanating from other units. These actions persist in framing smoking as a normal, natural and generally accepted practice.

With the assistance of Health Canada, we produced new tobacco related items, in French and English, for upper elementary students. The posters and CD's were sent to all schools in the province. Activities to inform students about respiratory health remain a part of our efforts.

Throughout the province we continue to face air pollution from the burning of agricultural crop residue and backyard fires. The effects on air quality and the harm to health are real but, unfortunately, no regulations are impending to redress this problem. We ask everyone to avoid burning and creating unnecessary smoke from all sources.

Home Oxygen

The Lung Association of Saskatchewan trains health care professionals for the SAIL Home Oxygen Program through workshops conducted throughout the province. A Spring and Fall newsletter is distributed to all testers and interested individuals. Testers use our on-line service to recertify and access any new information regarding the home oxygen program. We also manage the overnight oximetry service and answer questions and concerns of people with home oxygen.

Sleep Apnea

The Lung Association of Saskatchewan, in partnership with Saskatchewan Health and the Sleep Disorders Centre has begun a pilot project called the SleepWell project to test clients in their own home, thus reducing the waiting list at the sleep laboratories. Those clients who are diagnosed with sleep apnea are then provided with education and treatment. We continue to support people with sleep apnea through our support groups and newsletters.

Discovery Asthma Camp Inc.

The Lung Association of Saskatchewan is contracted to provide services for Discovery Asthma Camp Inc. The "ACT - Wilf Churchman Camp for Kids with Asthma" is offered so that children with asthma and allergies can enjoy the unique experience of summer camp, in a safe setting with around-the-clock medical care. The children participate in many activities, learn more about asthma, and make new friends! More information can be found at www.asthmacamp.org.

Statement of Operations For the year ended December 31, 2006

Revenue	2006	2005
Direct Mail Campaigns □ □ □		
Christmas Seals □	\$ 234,422	\$ 235,915
Artworks □	61,944	71,176
Spring Appeal □ □	124,301	106,264
Sweepstakes □ □	49,927	51,491
March Campaign	12,289	-
Other campaigns/events		
Raffle □ □ □	304,970	292,901
Door to Door □ □	207,513	184,707
Memorials □ □	53,771	40,881
Bequests □	26,401	61,387
Donor's choice □ □	23,629	22,193
Other fundraising □	101,474	95,370
Other income □		
Investment income □	21,172	11,908
Program cost recovery □	455,967	263,686
Grants □ □ □	500,917	514,490
Respiratory therapy program	65,000	62,500
Other income □ □	81,650	85,193
Total Revenue □	\$2,325,347	\$2,100,062

Expenses	2006	2005
Programs		
Health Education - □ □ general public □	\$ 428,257	\$ 444,989
Health Education - □ □ professional	302,777	166,751
Health Initiatives □ □	403,654	354,108
Research and grants	296,363	337,147
Development □	784,984	734,219
Operations □	167,790	121,451
Total Expenses	2,383,825	2,158,665

Deficiency of revenue over expenses*	2006	2005
□ □ □ □ □	\$ (58,478)	\$(58,603)

*There were planned deficits in 2005 and 2006 to use the accumulated surplus from previous years.

Extracted from 2006 audited statements. Full copies are available on request.